

Cross Country Ontario Youth Committee Statement

Vision

The Cross Country Ontario Youth Committee strives to **promote an inclusive sport environment for all Youth to develop a love of the outdoors, a healthy lifestyle, excellent technical Nordic ski skills and a good level of physical fitness for life.**

Definition of Youth

Cross Country Ontario defines Youth as any person between the ages of zero and seventeen years.

Mission

Create, operate, and promote programs to attract and engage Youth in the sport of cross country skiing.

Goals

1. Promote an inclusive sport environment where all youth can participate in Nordic skiing for purposes of recreation and competition.

- a) Utilize effective and open communication with the Paranordic Committee to promote active participation of youth with disabilities within our clubs.
- b) Create and promote an Ontario Parent and Pulk program for youth three years and younger.
- c) Promote the CCC Bunny Rabbit, Jackrabbit, and Track Attack Programs
- d) Create and Promote a remedial age appropriate program for older youth to learn fundamental movement and sport skills integral to Nordic Skiing.
- e) Develop a Cross Country Ontario Youth Engagement Plan to keep youth involved with Ontario clubs on an ongoing basis.

2. Promote the Long Term Athlete Development Model.

- a) Promote the www.ltad.ca website and LTAD published materials within our clubs.
- b) Encourage the continuing education of coaches, parents and older youth through the LTAD coaching continuum.

3. Promote Special Events for Youth.

- a) Utilize effective and open communication with the High Performance Committee to organize and promote annual midget championships and training camps.
- b) Continue to promote the CCC Racing Rocks and Double Cross programs.
- c) Promote other events for Youth that emphasis active living within the ski community.

4. Distribute materials for youth skiing.

- a) Utilize effective and open communication between the CCO Youth Committee, CCO Youth Materials Distributor, CCO Administrator and Chair, CCO clubs, and CCC to effectively distribute youth materials.