



RE: 2010 Annual Heinz Niederhauser Coaching Award

Cross Country Ontario's High Performance Committee is accepting nominations for the Annual Heinz Niederhauser Coaching Award. This award is presented annually to a coach who has made outstanding contributions to coaching and athletes in Ontario. Past recipients include Heinz Niederhauser, Martti Puumala, Larry Sinclair, and Jack Sasseville.

Nominations should include:

- Name and home club of coach nominated
- An overview of coaching experience
- A paragraph explaining your reasons for the nomination
- Your name and contact information

Please forward nominations to CCO Administrator, Liz Inkila at admin@xco.org by April 25th, 2010.