



RE: 2009 Annual Heinz Niederhauser Coaching Award

Cross Country Ontario's High Performance Committee is accepting nominations for the Annual Heinz Niederhauser Coaching Award. This award is presented annually to a coach who has made outstanding contributions to coaching and athletes in Ontario. Past recipients include Heinz Niederhauser, Martti Puumala, and Larry Sinclair.

Nominations should include:

- Name and home club of coach nominated
- An overview of coaching experience
- A paragraph explaining your reasons for the nomination
- Your name and contact information

Please forward nominations to CCO Administrator, Liz Inkila at [admin@xco.org](mailto:admin@xco.org) by February 21<sup>st</sup>, 2009 at 5pm.