



March 22, 2010

TO: All members of Cross Country Ontario

You are cordially invited to attend the Annual General Meeting of Cross Country Ontario and the accompanying workshops, which will be held from Friday, April 30, until Sunday, May 2, 2010.

The proposed agenda will include:

Friday April 30

- Evening snack and gathering social
- Possible short session

Saturday May 1

- Workshops: youth, competition model
- Lunch
- Concurrent sessions:
 - a. High Performance session
 - b. Club Development session
- Supper

Sunday May 2

- Board Wrap-up
- Annual General Meeting
- Lunch

Our host this year is the Southern Ontario District and the site for all sessions and lunch and dinner is Highlands Nordic. Please visit their website at www.highlandsnordic.on.ca for details on how to get there. We will provide the meals from Friday evening snack to lunch on Sunday.

Accommodation has been arranged at the Days Inn, 15 Cambridge Street, Collingwood. There will be a continental breakfast and accommodation will be based on double occupancy. Registration will open April 9th. Please register on www.Zone4.ca if you wish to participate in part or all of the weekend and indicate if you need accommodation.

There is CCO funding available to each district to help with travel costs. Please speak to your District Chair if you wish to take advantage of this. Carpooling is encouraged.

Please note that a Para-Nordic Coaching Conference will be taking place at Highlands over the same weekend. Check www.xco.org for details of this conference.

Hope to see you there,

Dorothy Lothian
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