



Cross Country Ontario
Para-Nordic Team Selection Criteria
And
Athlete Support Program
For 2011-2012
Version 6



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1. Purpose

The provisions in this document will be used by the CCO Para-Nordic Committee, hereafter called PNC, to identify para-nordic athletes who qualify for the Ontario Para-Nordic Ski Team (OPNST) 2012 and the Ontario Para-Nordic Development Ski Team (OPNDST) 2012.

1.1 Definitions

CCC	Cross Country Canada
CCO	Cross Country Ontario
CL	Classic (ski technique)
CNC	Canadian National Championships
FREE	Freestyle (ski technique)
PN	Para-Nordic
PN CPL	Para-Nordic Canada Points List (as produced by CCC/PNC)
OC	Ontario Cup
OCS	Ontario Cup Series
PNC	Para-Nordic Committee
OPNST	Ontario Para-Nordic Ski Team
OPNDST	Ontario Para-Nordic Development Ski Team
OPSWG	Ontario ParaSport Winter Games

1.2 Eligibility

To be eligible for selection to the Ontario Para-Nordic Ski Team or the Ontario Para-Nordic Development Ski Team athletes must meet each of the following criteria:

- **hold a valid 2011-2012 CCC racing licence**
- **be registered with a CCO club at the time of the race**
- **be a Canadian citizen or have Permanent Resident status**
- **be a permanent resident of Ontario¹ prior to the beginning of the Ontario Cup race series**

Para-Nordic Canada Points List (PN CPL) points will **not** be awarded retroactively for a given race if an athlete who, on the day of a points race, did not meet one of the criteria listed above, subsequently meets all of them (e.g., obtains a license or club registration after the race). A day license is NOT a racing license and will not enable athletes to accumulate PN CPL points.

¹A valid Ontario Health Card OR an Ontario Driver's Licence will be used as proof of permanent Ontario residency.

1.3 Selection Races – Date & Location

The races identified in this document will be used in the selection process for the teams and events named within. Annual races considered for use in the selection process are normally the Ontario Cup Series, Ontario ParaSport Winter Games (alternate years) and Canadian National Championships. The selection races for the 2011/2012 season are:

OCup Race Weekend #1 – Lappe Nordic/Big Thunder at Lappe Nordic Centre, Thunder Bay, Ontario (LSSD)

Date	Technique	Format
Fri-Jan 6	Classic	Individual start
Sat-Jan 7	Classic	Sprint start
Sun-Jan 8	Free	Mass start

OCup Race Weekend #2 and Eastern Canadian Championships – Nakkertok

Date	Technique	Format
Sat-Feb 4	Free	Individual start
Sun-Feb 5	Classic	Mass start

OCup Race Weekend #3 – Porcupine Ski Runners, Timmins, Ontario (NOD)

Date	Technique	Format
Sat-Feb 18	Free	Individual start
Sun-Feb 19	Classic	Mass start
Mon-Feb 20	Free	Individual start – short distance

Ontario ParaSport Winter Games, Arrowhead, Huntsville, ON

Date	Technique	Format
Fri-Feb 24	Free	Sprint start
Sat-Feb 25	Classic	Individual start
Sun-Feb 26	Free	Mass start

OCcup Race Weekend #4 – Highlands Nordic, Duntroon, Ontario (SOD)

Date	Technique	Format
Sat- Mar 3	Free	Sprint start
Sun-Mar 4	Classic	Individual start

Canadian National Championships, Mont Ste Anne, QC

Date	Technique	Format
Mon-Mar 19	Classic	Individual start
Tues-Mar 20	Free	Individual start
Wed-Mar 21	Free	Sprint start
Sat-Mar 24	Classic	Mass start

The following IPC World Cup races can be used as selection races for those athletes attending.

IPC World Cup events Cable, Wisconsin and Minneapolis, Minnesota, USA

<http://www.nordicworldcupusa.com/folders.asp?uid=190>

Date	Technique	Format
Thurs-Jan 26	Classic	Long distance
Mon-Jan 30	Free	Middle distance
Wed-Feb 1	Classic	Sprint start
Thurs-Feb 2	Free	Long distance

2. 2012 Ontario Para-Nordic Ski Team & Para-Nordic Development Ski Team

2.1 Team Description

2.1.1 Benefits

It is the intent of the PNC that, where possible, athletes named to the Ontario Para-Nordic Ski Team and Ontario Para-Nordic Development Team receive the following:

1. Registration costs for individual races at the Canadian National Championships,
2. Coaching support to Canadian National Championships,
3. Access to personal coach support options for athletes who do not have a club coach,
4. Ontario Para-Nordic Ski Team clothing (please note only OPNST athletes will receive race suits),
5. Eligibility for Ontario Carding when such support is available.

Ontario Para-Nordic Ski Team (OPNST) and Ontario Para-Nordic Development Ski Team (OPNDST) members may be provided CCO support to attend special training camps or elite racing events, as specified by the PNC, on a cost-sharing

basis. OPNST and OPNDST athletes are eligible to receive the cost sharing only when the athlete travels with the OPNST and OPNDST and attends CCO-organized camps and events as a member of the OPNST or OPNDST.

2.1.2 Obligations

Ontario athletes who accept their nomination to the Ontario Para-Nordic Ski Team (OPNST) and Ontario Para-Nordic Development Ski Team (OPNDST) will be asked to sign an Athlete Contract, pay a team fee, as specified by the PNC, and fill out and sign the Athlete's Code of Conduct. In addition, OPNST and OPNDST athletes are expected to attend a minimum of one Ontario Dryland Camp (not including designated OPNST and OPNDST Camps) through the year. OPNST and OPNDST athlete's attendance at one or more of these camps is intended to provide program continuity by creating opportunities for Ontario's elite athletes to connect with and motivate developing athletes from across the province.

2.1.3 Team Fee

Ontario Para-Nordic Ski Team and Para-Nordic Development Team nominees for 2012 will be asked to pay a team fee of \$365 to confirm their participation on the Team. The fee will be used to offset the cost of ONPST and OPNDST trips. This fee is due, along with the signed Athlete Contract within 30 days of the posting of the Ontario Para-Nordic Ski Team and Ontario Para-Nordic Development Team nomination list on the CCO website.

2.1.4 Consequences of Athlete Not Meeting Obligations

If an OPNST or OPNDST athlete does not meet the terms of their contract as outlined above in Section 2.1.2, the PNC/CCO may at their discretion proceed with the following:

1. Written notice to the athlete to identify the infraction/action
2. Agreement/ signed contract with athletes as to their alternate commitments
3. Charging the athlete the full cost of PNC expenses incurred for their attendance on an OPNST or OPNDST trip
4. Removal from an OPNST or OPNDST trip
5. Notification of probation and/or removal from the OPNST or OPNDST
6. Not being selected for the OPNST or OPNDST in the subsequent year.

The Ontario Para-Nordic Trip Leader will be responsible for bringing potential failures to the attention of the PNC/CCO. For any administrative obligations the CCO Administrator will identify any issues to the PNC/CCO.

The intent of this section is to ensure that all OPNST and OPNDST athletes honour their commitments and all are treated equitably. However, it is understood that extenuating circumstances may prevent an athlete from meeting some of their commitments. Therefore, it is in the athlete's best interests to proactively discuss and identify any circumstances as soon as possible after the infraction occurs with the Ontario Para-Nordic Trip Leader and/or CCO Administrator, as appropriate.

2.2 Ontario Para-Nordic Ski Team and Ontario Para-Nordic Development Ski Team Selection

Ontario Para-Nordic Ski Team (maximum of 4 athletes)

- Top athlete by PN CPL points, in each gender and discipline (standing and sitting) and;
- Compete in six of thirteen races as identified in Section 1.3. For standing skiers, races must include two of each technique and;
- Compete in a minimum of 2 races at the 2012 National Championships.

Ontario Para-Nordic Development Ski Team (maximum of 4 athletes)

- 2nd athlete by PN CPL points, in each gender and discipline (standing and sitting) and;
- Compete in six of thirteen races as identified in Section 1.3. For standing skiers, races must include two of each technique.

In the event there are not enough eligible athletes by gender and/or discipline, the PNC reserves the right to select additional athletes to the OPNDST to a maximum team size of 4.

2.2.1 Special Invitation to Ontario Para-Nordic Trips

In general, team trips are available to identified team members only. Team members may decline a trip for school, health or other reasons. No replacement will be added, however the PNC reserves the right to invite additional athletes with exceptional performances or under unusual circumstances.

2.3 Effect of Race Cancellation on OPNST and OPNDST Selection

In the event that any eligible selection races are cancelled, the following number of selection criteria races will be used:

1. One races cancelled: best 6 of 12 races, including 2 of each technique
2. Two races cancelled: best 6 of 11 races, including 2 of each technique
3. Three races cancelled: best 5 of 10 races, including 1 of each technique
4. Four races cancelled: best 5 of 9 races, including 1 of each technique
5. Five races cancelled: best 4 of 8 races, including 1 of each technique
6. Six races cancelled: best 4 of 7 races, including 1 of each technique
7. Seven races cancelled: best 3 of 6 races, including 1 of each technique
8. Eight races cancelled: best 2 of 5 races, including 1 of each technique
9. Nine races cancelled: best 2 of 4 races, including 1 of each technique
10. Ten races cancelled: best 2 of 3 races, including 1 of each technique

The selection of the Ontario Para-Nordic Ski Team and the Ontario Para-Nordic Development Ski Team will be recommended by the PNC to the CCO Board for approval. In the event that ten or all races are cancelled, the PNC will be responsible for recommending athletes to the CCO Board.

2.4 Effect of Race Technique Change on OPNST and OPNDST Selection

In the event that a race technique must change (e.g., a change from a planned skate race to a classic race due to lack of snow), the PNC reserves the right to modify the “best of” calculation in-season in as fair a way as possible to reflect the actual race distribution over the racing season. Any modification to the “best of” calculation will be published to the Ontario ski community as soon as possible.

2.5 Force Majeure

Injury, illness, family misfortune, exceptional circumstances and equipment breakage will be considered valid grounds for a force majeure appeal. Appeals must be made to the CCO Administrator in writing by **5pm, Monday, April 2, 2012**. Appeals must include supporting documentation to support the appeal, including Doctor’s notes.

All appeals should be sent by e-mail to CCO Administrator at admin@xco.org or by fax at 807-768-8368.

2.6 Appeals for Ontario Para-Nordic Ski Team and Ontario Para-Nordic Development Ski Team Selection

Once the members of the Ontario Para-Nordic Ski Team and Ontario Para-Nordic Development Ski Team been named and released on the CCO website, any appeals of Para-Nordic Committee decisions must be made to the CCO Board of Directors in writing by not later than **within 15 days of posting on www.xco.org**.

All appeals should be sent by e-mail to the Chair of the Para-Nordic Committee at garyfohr@gmail.com, with a copy to admin@xco.org. Alternatively, the appeal may be faxed to the CCO Administrator at 807-768-8368. Following the appeal period, the final list will be posted on the CCO website: www.xco.org

4. Para-Nordic Canada Points List

The PN CPL will be calculated by CCC using the process described at: <http://www.cccski.com/Para-Nordic/Events/Para-Nordic-CPL.aspx>

5. Members of the PNC

Questions or comments regarding these selection criteria should be directed to your District's representative on the Para-Nordic Committee. The members of the Para-Nordic Committee are:

Chairperson - Para-Nordic Committee

Gary Fohr

e-mail: garyfohr@gmail.com

NCD Representative

Harris Kirby

e-mail: harriskirby@rogers.com

SOD Representative

Gary Fohr

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LSSD Representative

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NOD Representative

Anthony Story

e-mail: anthonystory@yahoo.ca

Athlete Representative

Margarita Gorbounova

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CCC Para-Nordic Committee Liaison

Patti Kitler

e-mail: pattikit@gmail.com

Chairperson - Cross Country Ontario

Don Nixon

e-mail: chair@xco.org

CCO Administrator

Liz Inkila

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