

Ontario Universities and Colleges Points List

Eligibility:

To be eligible for accumulation of points on the Ontario Universities and Colleges Points List, athletes must meet the following criteria:

- be a student at an Ontario University or College and meet the academic requirements of the Canadian Interuniversity Sport (CIS) Eligibility Policy (policy 40.10)
- hold a valid CCC racing license for the current competition season
- register as a University or College athlete for each eligible race
- provide proof of full-time status to the CCO University Representative (or delegate) by the registration deadline of the competition

Proof of academic eligibility is either:

- being listed on the official Nordic Skiing roster of a varsity team participating in the OUA championships, or
- providing a letter from the registrar of the Ontario University or College in which the athlete is enrolled indicating that the athlete meets the academic eligibility criteria defined in the CIS Eligibility Policy (policy 40.10)

Calculation of Points:

An individual's points for a race will be calculated against the best athlete who is in their category and eligible for the Ontario University and Colleges Points List. Points will be calculated using the "Normal Points Calculation" method used for the Ontario Points List.

Overall Results:

The overall points ranking will be the sum of

- points from the 2 individual races at the Ontario University Championships
- highest points from 4 races from a designated University Invitational competition or an Ontario Cup competition, of which 2 shall be classic technique and 2 shall be free technique

Men's and Women's overall team rankings will be based on the sum of the points of the 4 highest-ranked individuals (in overall points) for each University or College.