

4.2 Schedule of Races – 2012 Haywood Ski Nationals (Mont Ste-Anne/Les Plaines)

| Category | Year of Birth | Day 0 | Day 1 Mar 17 | Day 2 | Day 3 Mar 19 | Day 4 Mar 20 | Day 5 Mar 21 | Day 6 Mar 22 | Day 7 | Day 8 Mar 24 |
|------------------------------|------------------|-------|-----------------|-------|-----------------|-----------------|-----------------------|----------------------|-------|------------------|
| | | | Cl TSp | | Cl Int | F Int | F Short Sprints | F Long Sprints | | Cl Mass Start |
| Men | | | | | | | | | | |
| Juv – JV B1 | 1996 | | CHALL Tsp | | 5 | 7.5 | Sp 1.1 | | | 10 |
| Jr Boy – J B1 J B2 | 1995 1994 | | CHALL Tsp | | 10 | 7.5 | Sp 1.1 | | | 15 |
| Jr Men– J M1 J M2 | 1993 1992 | | Open Tsp | | 10 | 15 | | S1.7 | | 30 |
| Open – Sr & U23 | 1991 & before | | Open Tsp | | 10 | 15 | | S1.7 | | 50 |
| CCUNC | Open | | TSp | | 10 | 15 | | S1.7 | | - |
| Para Nordic STANDING | | | | | 5 | 7.5 | S | | | 15 |
| Para Nordic SIT SKIER | | | | | 5 | 7.5 | S | | | 10 |
| Women | | | | | | | | | | |
| Juv Girls– JV G1 JV G2 | 1997 1996 | | Chall Tsp | | 5 | 5 | Sp1.1 | | | 7.5 |
| Jr Girl- J G1 J G2 | 1995 1994 | | CHALL Tsp | | 5 | 10 | Sp 1.1 | | | 7.5 |
| Jr Women– J F1 J F2 | 1993 1992 | | Open Tsp | | 5 | 10 | | S1.5 | | 20 |
| Open – Sr & U23 | 1991 & before | | Open Tsp | | 5 | 10 | | S1.5 | | 30 |
| CCUNC | Open | | TSp | | 5 | 10 | | S1.5 | | - |
| Para Nordic STANDING | | | | | 5 | 7.5 | S | | | 7.5 |
| Para Nordic SIT SKIER | | | | | 2.5 | 5 | S | | | 7.5 |

Notes:

R = relay; C = classic; F = free technique; S = sprint; MS = mass start; U = university; TSp= Team Sprint
Techniques will alternate from one year to the next between classic and free technique.

The first Team Captains' Meeting will be held on Day 0. TSP team lists will be submitted at that time.

Mass start competitions will use a chevron start grid.

Sit skiers require classic track on free technique event days.